

# INTRODUCTION

Now it's easy for you and your family to benefit from the natural goodness of Lennen Dutch Medicines. A range of home remedies that has been treating everyday ailments of South African families for over a hundred years.

Some of the natural ingredients used in Lennen Dutch Medicines:



**Cape Aloe** - acts as a powerful laxative and in small dosages, it's an excellent digestive tonic.



**Rosemary** - works on the circulation and nervous system and relieves digestive problems associated with anxiety.



**African Ginger** - good for nausea and colic, helps prevent griping, relieves indigestion and flatulence.



**Nutmeg** - acts as a warming digestive tonic and is useful to relax spasms.



**Rhubarb** - a bitter, astringent, cooling herb that improves digestion, promotes healing and acts as a strong laxative.



**Peppermint** - relieves indigestion and intestinal colic; also tones the liver; aids digestion, soothes the nerves and relieves pain.



**Camphor** - stimulates the circulation and nervous system, reduces inflammation, relieves pain and muscular spasms.



**Clove** - uses for digestive upsets, diarrhoea and bronchitis and notably for toothache.



**Licorice** - an anti-inflammatory and expectorant; also controls coughing.

**Lavender** - relaxes spasms, promotes digestion, stimulates the circulation and has an anti-depressant effect.



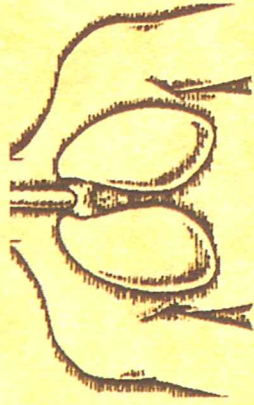
# THE HEAD



## COLDS AND FEVER DIZZINESS

**Witdulsies** - Effective in reducing temperatures and keeping colds and fever at bay. Also useful in cases of dizziness.

# THE CHEST



## ASTHMA

**Witdulsies** - A useful remedy for mild attacks of asthma.

## BRONCHITIS COUGHS CROUP

**Borsdruppels** - Relieves coughing, croup and bronchitis in adults and children.

## DRY COUGH BRONCHITIS

**Ipekakuanha-Tinktuur** - In small doses this preparation is useful for the relief of dry coughs and bronchitis.

## COUGHS CHEST COMPLAINTS

**Turlington** - For treatment of coughs and chest complaints.



# THE STOMACH



## LOSS OF APPETITE

**Groen Amara** - This is an effective tonic which improves the appetite.

## COLIC CRAMPS HYSTERIA

**Krampdruppels** - For the treatment of hysteria, other nervous conditions, colic and cramps. It relieves flatulence in the gastrointestinal tract.

## COLIC FLATULENCE/WIND

**Pepermentdruppels** - For the relief of colic and flatulence.  
**[S1] Hoffmans Druppels** - For use in treatment of cramps, colic and flatulence.

## FLATULENCE

**Duiwelsdrekruppels** - These drops are effective in the relief of stomach pains and flatulence.

## COLIC FLATULENCE GASTRIC DISCOMFORT THE GRIPING EFFECT OF PURGATIVES

**Balsem Vita Wit** - Highly recommended for the relief of colic, stomach pains and flatulence in adults, children and infants.

## COLIC FLATULENCE/WIND INDIGESTION STOMACH ACHES GASTRIC DISCOMFORT

**Jamaika Ginger** - For the treatment of colic, flatulence, stomach ache and indigestion.



# THE STOMACH (CONTINUED)

## COLIC CRAMPS DIARRHOEA FLATULENCE/WIND

**Behoedmiddel for Children** - One of the safest, most effective remedies for stomach and teething complaints in infants. This can be given with confidence as it does not contain any harmful drug. The preparation helps combat stomach acidity and should therefore be given at meal times.

## CONSTIPATION STOMACH ACHES GENERAL DISCOMFORT

**Lewensessens** - A famous stomach tonic. For constipation and stomach disorders resulting from incorrect diet or excessive eating or drinking.

## CONSTIPATION FLATULENCE/WIND INDIGESTION

**Wonderkroonessens** - A treating stomach and bowel disorders such as indigestion, wind and constipation.

## FLATULENCE/WIND STOMACH ACHES GENERAL DISCOMFORT

**Stuipdruppels Saamgestelde**: This remedy is used for the effective relief of flatulence/wind and stomach discomforts.

## INDIGESTION FLATULENCE/WIND STOMACH ACHES GENERAL DISCOMFORT

**Rooilaventol** - A well known and trusted remedy for relieving flatulence, stomach aches and indigestion.

## CONSTIPATION

**GalTablette** - A laxative for the relief of constipation.  
**Balsem Suphuris** - For the relief of constipation.



# THE BACK



## BACKACHE INFLAMMATION OF THE BLADDER AND KIDNEYS

**Balsam Kopiva** - This household remedy is used in the treatment of minor kidney complaints, backache and bladder irritation.

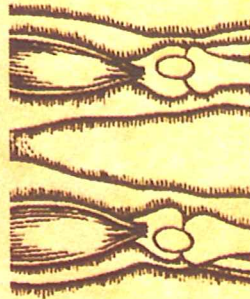
## BACKACHE

**Sterksalf** - (EXTERNAL USE ONLY) - Backache, lumbago and other muscle and joint pains are relieved by massaging Sterksalf into the affected area.

## MINOR KIDNEY AND BLADDER AILMENTS

**Haarlemensis** - A remedy for the treatment of general bladder and kidney complaints.  
**Bruinduisies** - This preparation is used to treat minor kidney and bladder complaints.

# MUSCLES AND JOINTS



## MUSCLE AND JOINT PAINS LUMBAGO

**Sterksalf** (EXTERNAL USE ONLY) - For the relief of muscular aches, strains, rheumatism and neuralgia, rub Sterksalf into the affected areas.



# GENERAL

## NERVOUSNESS SLEEPLESSNESS RESTLESSNESS

**Entressdruppels HM**- These drops have a calming, soothing effect and relieve nervous disorders.

## STYPTIC BLOOD TONIC

**Staaldruppels** - May be used for iron deficiency anaemia. As a styptic, it effectively stops bleeding resulting from minor cuts and wounds.

## TONIC

**Versterkdruppels** - This is an excellent tonic that restores vitality and loss of appetite caused by indigestion.

## TOOTHACHE

**Naeltje Olie** - A trusted remedy for toothache.

## LESIONS

**Turlington** - An antiseptic styptic when applied undiluted to small cuts and scratches.



## RANGE OF LENNON DUTCH MEDICINES

- Balsem Kopvia:** Backache and kiney complaints  
**Balsem Sulphuris:** Constipation  
**Balsem Vita Wit:** Colic, stomach pains and flatulence  
**Behoedmiddel for Children:** Teething and stomach disorders  
**Borsdruppels:** Coughs, bronchitis and croup  
**Bruindulsies:** Minor kidney and bladder complaints  
**Duiwelsdrekdruppels:** Stomach pains and flatulence  
**Entressdruppels HM:** Nervousness and sleeplessness  
**Gal Tablette:** Constipation  
**Groen Amara:** Tonic  
**Haarlemensis:** General kidney and bladder complaints  
**Hoffmans Druppels:** Cramps, colic and flatulence  
**Ipekakuanha-Tinktuur:** Coughs  
**Jamaika Ginger:** Colic, indigestion and flatulence  
**Kramdruppels:** Cramps, colic and flatulence  
**Lewenssessens:** Stomach tonic  
**Naeltije Olie:** Toothache  
**Pepermentdruppels:** Colic and flatulence  
**Rooilaventral:** Fainting, indigestion and flatulence  
**Staaldruppels:** Blood tonic, stops bleeding of minor cuts and wounds  
**Sterksalf:** Muscular and joint aches, backache  
**Stuijdruppels saamgestelde:** Flatulence, gripes and colic  
**Turlington:** Coughs, chest complaints, wounds  
**Versterkdruppels:** Tonic  
**Witdulsies:** Feverishness, colds, dizziness, mild attacks of asthma  
**Wonderkroonessens:** Stomach and bowel disorders, cramps



## LENNON DUTCH MEDICINES

- BALSEM KOPIVA DRUPPELS**  
 S0 Ref. No.: H1632 (Act 101/1965)  
 Balsem Copaiba
- BALSEM SULPHURIS**  
 S0 Ref. No.: H1626 (Act 101/1965)  
 Each 5ml contains: Turpentine Oil 1,762ml; Balsem Sulphuris base 3,238ml.
- BALSEM Vita Wit**  
 S0 Ref. No.: E1517 (Act 101/1965)  
 Each 5ml contains: Cassia Oil 0,020ml; Spike Lavender Oil 0,1164ml; Clove Oil 0,020ml; Nutmeg Oil 0,020ml; Thyme Oil 0,006ml; Ethanol (100%) 86,7% v/v.
- BEHOEDMIDDEL FOR CHILDREN**  
 S0 Ref. No.: E/11.4.1/1528  
 Each 5ml contains: Light magnesium carbonate 210,00mg; Prepared Chalk 79,85mg Alcohol (100%) 6,48%
- BORSDRUPPELS**  
 S0 Ref. No.: G543 (Act 101/1965)  
 Each 5ml contains: Liquorice Extract 1,125g; Fennel Oil 0,003ml; Aniseed Oil 0,009ml. Ethanol (100%) 13,50% v/v.
- BRUINDULSIES**  
 S0 Ref. No.: H1627 (Act 101/1965)  
 Each 5ml contains: Potassium acetate 100mg; Ethanol (100%) 14,45%.
- DIUWELSDREK DRUPPELS**  
 S0 Ref. No.: B1210 (Act 101/1965)  
 Each 5ml contains: Asafoetida 1g; Ethanol (96%) 62,50% v/v.
- ENTRESSDRUPPELS HM**  
 S0 Ref. No.: B1206 (Act 101/1965)  
 Each 5ml contains: Tincture Asofoetida 1,208ml; Valerian 183,300mg; Cassia Bark 32,161mg; Nutmeg 32,161mg; Lavender Oil 0,016ml; Rosemary Oil 0,004ml; Ethanol (100%) 74,03%.
- GAL TABLETTE N.F.**  
 S0 Ref. No.: M/11.5/21  
 Each 5ml contains: Senna Dry Extract containing Sennosides A and B equivalent to 7,5mg Sennoside B.



## LENNON DUTCH MEDICINES

**ESSENCE OF GROEN  
AMARA**

**S0** Ref. No.: E1510 (Act 101/1965)  
Each 5ml contains: The Alcoholic extractives of Herb Cardui Benedict 0,5g; Quassia 0,16g; Contains Ethanol (100%) 45,00% v/v.

**HAARLEMENSIS**

**S0** Ref. No.: H1625 (Act 101/1965)  
Each 5ml contains: Balsem Sulphuris base 1,730ml; Arachis Oil 2,015ml; Tar 0,163g; Turpentine Oil 1,250ml;

**HOFFMANSDRUPPELS**

**S1** Ref. No.: H1926 (Act 101/1965)  
Each 5ml contains: Anaesthetic Ether 1,650ml; Ethanol (100%) 60,30% v/v.

**IPEKAKUANHA-  
TINKTUUR**

**S0** Ref. No.: G548 (Act 101/1965)  
Each 5ml contains: Ipecacuanha Liquid Extract 0,250ml; Glacial Acetic Acid 0,005ml; Contains Alcohol (100%) 18,9% v/v.

**JAMAICA GEMMER**

**S0** Ref. No.: E1953 (Act 101/1965)  
Each 5ml contains the alcoholic extracts of: Ginger 0,5g; Contains Ethanol (100%) 87,30 v/v.

**KRAMPRUPPELS**

**S0** Ref. No.: B1178 (Act 101/1965)  
Each 5ml contains: Tincture Valerian 2,38ml; Tincture Lavender Co. 0,24ml; Solvent Ether 0,26ml; Ethanol (100%) 55,00% v/v.

**LEWENSESENS  
(ESSENCE OF LIFE)**

**S0** Ref. No.: E1574 (Act 101/1965)  
Each 5ml contains: Cape Aloes plus the alcoholic extractives of African Ginger 14,167mg; Rhubarb 30,000mg; Gentain 30,000mg; Myrrh 20,000mg; Galangal 10,000mg; Tumeric 15,000mg; Ethanol (100%) 45,00% v/v.

**NAELTJIE OLIE**

**S0** Ref. No.: G1846 (Act 101/1965)  
Clove Oil BP

**PEPERMINT  
DRUPPELS**

**S0** Ref. No.: E1950 (Act 101/1965)  
Each 5ml contains: Peppermint Oil 0,5ml. Contains Ethanol (100%) 81% v/v.



## LENNON DUTCH MEDICINES

**ROOILAVENTEL**

**S0** Ref. No.: E1951 (Act 101/1965)  
Each 5ml contains: The Alcoholic extractives of Nutmeg 50mg; Cinnamon Bark 50mg; Red Sanders Wood 100mg; Plus Rosemary Oil 0,0025ml; Lavender Oil 0,025ml; Ethanol (100%) 90,00 v/v.

**STAALDRUPPELS**

**S0** Ref. No.: H836 (Act 101/1965)  
Each 20ml contains: Ferric Chloride 3,0g.

**STERKSALF**

**S0** Ref. No.: G1509  
Each 25,00 contains: Methyl Salicylate.

**STUIJDRUPPELS  
SAAMGESTELDE**

**S0** Ref. No.: E1535 (Act 101/1965)  
Each 5ml contains: Tincture Valerian, 1,136ml; Cassia Oil 0,00015ml; Nutmeg Oil 0,00075ml; Rosemary Oil 0,0001ml; Spike Lavender Oil 0,0007ml; Tincture of Asafoetida 1,134ml; Solvent Ether 0,398ml; Ethanol (100%) 56,38ml.

**VERSTERKDRUPPELS**

**S0** Ref. No.: E1525 (Act 101/1965)  
Each 5ml contains: The alcoholic extractives of: Cinchona Bark 85,0mg; Gentain 25,0mg; Dried bitter orange peel 107,1mg; Quassia 85,0mg; Ethanol (100%) 45,00% v/v.

**WITDULSIES**

**S0** Ref. No.: B1183 (Act 101/1965)  
Each 5ml contains: Ethyl Nitrite 93,75ml; Ethanol (100%) 42,60% v/v.

**WONDERKROONESSENS**

**S0** Ref. No.: E1486 (Act 101/1965)  
Each 5ml contains: The alcoholic extractives of Rhubarb 45,0mg; Gentain 22,5mg; Valerian 22,5mg; African Ginger 22,5mg; Inula 17,5mg; plus Cape Aloes 162,5mg; Camphor 10,0mg; Potassium Carbonate 22,5mg; Ethanol (100%) 45,00% v/v.

